



Regulation MATTERS

your regulatory
e-newsletter from CRNNL

Spring 2019 Edition

ARNNL's e-newsletter contains information on topics intended to support the practice of registered nurses and nurse practitioners. It is the expectation that all registrants are aware of the matters contained therein.

Council's face-to-face meeting took place February 21st-22nd at ARNNL House. Council had robust generative discussions around topics impacting practice for registered nurses (RNs) and nurse practitioners (NPs).

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The Dawn of a New Era

On Wednesday, March 20th, 2019, The Honourable John Haggie, Minister of Health and Community Services tabled a bill in the House of Assembly.

[AN ACT TO AMEND THE REGISTERED NURSES ACT, 2008](#) sets into motion a series of events that will bring about the most fundamental change that the ARNNL has encountered in it's 65-year existence.

BILL 57 has resulted in The Association of Registered Nurses of Newfoundland and Labrador becoming...

The College of Registered Nurses of Newfoundland and Labrador

We are proud of what we accomplished over these 65 years. We are proud of our registrants and their professionalism. We are proud of our influence and impact on our health care sector. Now, we are especially proud of this new and exciting opportunity.

This change will not go into effect until September 1st, 2019. In October, 2019 we will hold an official ceremony.

This is the beginning of a transformative process which will engage stakeholders and educate the public on the vital role we play in the lives of Newfoundlanders and Labradorians. These first steps will give rise to a renewed and modernized regulator that will become synonymous with top quality care, protection of public health, and excellence in the profession of nursing.

The name may change... but the mandate remains the same.

Stay tuned as we enter this new era in the history of our profession.

Social Media - Regulation Challenge

The phenomenon of social media has redefined how we communicate with one another. It's reported that approximately 3.4 billion people around the globe use social media and spend over 90 minutes every day on a social media platform. While there are countless benefits to social media, it is incumbent on you, as a professional to recognize the challenges that can put you and your reputation at risk.

Is it ever acceptable to post client information on a social media site?

Many are familiar with the do's and don'ts of using Facebook, Instagram and Twitter yet many RNs and NPs might be surprised to learn what constitutes best practice. Test your knowledge by [clicking here](#).

A Conversation with the President

ARNNL wants to hear directly from Registered Nurses and Nurse Practitioners in Newfoundland and Labrador. You are invited to take part in a conversation with Elaine Warren, President of ARNNL. Join the discussion and be a part of the conversation on Tuesday, May 14th at 2:00pm (NST).

Register for this opportunity by [clicking here](#).

The Voice of the People

Surveys aim to provide an unbiased snapshot of public opinion. The results of these surveys enable us to evaluate strategies and make informed decisions on behalf of registrants and the public; that is why your input and your voice is invaluable to ARNNL.

ARNNL is continuing to conduct a public survey on a variety of topics and once the report is finalized, we will ensure it is publicly available at: <https://arnnl.ca/member-survey>

National Nursing Week

National Nursing Week is Monday, May 6, to Sunday, May 12, 2019.



CANADIAN
NURSES
ASSOCIATION

The theme is **Nurses: A Voice to Lead - Health for All**.

Visit [here](#) to learn more.

Annual General Meeting

AARNNL's

Going

Modern

Our commitment to each Registered Nurse and Nurse Practitioner is to be accessible, open and transparent.

Much of our business is discussed each year at our Annual General Meeting (AGM); however, the very nature of the nursing profession can make attending an Annual General Meeting difficult. We recognize the challenge for registrants to attend an AGM "in-person",

which is why we have decided that 2019 will be the year that we hold our first ever AGM online!

Join the meeting from the comfort of your home!

The event is taking place

Monday, June 10, 2019 from 7:00pm - 9:00pm.

Registration is free, with pre-registration encouraged.

Instructions:

Registration link: <https://www.arntl.ca/agm2019>

Registration deadline: Thursday, June 6th, 2019

Our 2018-19 Annual Report will be released the end of May and will be posted here.

Call for Resolutions Deadline

Reminder that the deadline for submission of resolutions to our AGM is Friday, May 10th, 2019.

Please submit resolutions to Christine Fitzgerald: cfitzgerald@arntl.ca

Update - Opioids

As of October 23rd, 2018, RNs and NPs who dispense Class A opioids are required to apply a warning sticker to the prescription bottle, container or package and provide the client with a patient information handout. These requirements result from the new laws under the Food and Drug Regulations. The purpose is to provide clients with clear, consistent information about the safe use of opioids and the risks associated with their use. For more information about these requirements, you can review Health Canada's website [here](#).

Update - Cannabis

On February 21st, 2019 ARNNL Council choose to follow federal legislation and approved a change in the nurse practitioner (NP) scope of practice permitting NPs to authorize the use of cannabis for medical purposes. If it is within the NP's individual competence, the NP will be permitted to provide a medical document to a client to access cannabis for medical

purposes. The expectations for NP practice with respect to authorizing the use of cannabis for medical purposes are outlined in the regulatory document: Authorizing the Use of Cannabis for Medical Purposes.

ARNNL Trust Update

Call for Nominations for Trust Board of Directors

As a member of the Board of Directors, you will help set the direction of the Trust and participate in its administration. Nominations are sought for the following positions:

Eastern Rural
Eastern Urban
Central
Northern
Labrador

Directors serve a two-year term for a maximum of two consecutive terms.

The deadline for nominations is **May 24th, 2019**. Elections will take place during the Trust Annual Meeting. For more information please email trust@arnnl.ca.

Continuing Education

Applications are now being accepted for the 2019 Spring Competition for Continuing Education occurring between January and June 2019. Deadline: **April 15, 2019**

Annual Meeting

The Annual Meeting of the Trust will be held at ARNNL House and via teleconference on June 12th from 4:30pm - 5:30pm. (Island time). For more information please contact trust@arnnl.ca or visit arnnl.ca/trust.

Plan to attend, you are all members!

ARNNL Office Closures

Please be advised that ARNNL House will be closed on the following statutory holidays:

Good Friday - Friday, April 19

St. George's Day - Monday, April 22

Victoria Day - Monday, May 20

Discovery Day - Monday, June 24

Memorial Day - Monday, July 1

Voicemail messages can be left on 709-753-6040/800-563-3200 and a representative will be in touch with you on the following business day.



Please note, you cannot unsubscribe to this communication. It contains important regulatory information relevant to your practice, membership and registration/licensure.

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